

Travel Talk

Help your baby build connections and grow their brain for listening and spoken language. Providing meaningful listening and talking experiences every day can grow your baby's future.



GOOD TO KNOW

A travel experience can be a routine to offer a whole new world of sounds, vocabulary and songs for you and your baby. Think about each part of the process-packing your bag, loading your car, getting on a bus, train or plane—and all the language that can be used during the process.



The next time you travel with your baby, think about the routine as growing your baby's brain.

- Think aloud. "I wonder where I put my keys?"
- Cue in and identify sounds your baby hears. "You heard 'screeech' the train stopped."
- Describe parts of the car or bus. "I'll put your bag in the trunk." or "Look at the big wheels on the bus."
- Use action words. "Oooopen the door." or "Lift the stroller."
- Animate descriptive words. "You're getting SOOO HEEEAVY!"
- Use location terms. "I'm putting your stroller in the car." or "You sit in the back and I sit in the front."
- Invent a song. "To the doctor we will go, we will go." Sing the song to a familiar tune.



OBSERVE

How did your baby respond during your travel outing? Did he or she watch while you loaded the car? Did he or she hear the sound of your keys or the noises on the subway? Did your baby look for the source of the new and familiar sounds?



REMEMBER

and talk to your baby even when you're traveling. You're not changing your schedule or routines, you're changing how you think and talk about what happens during each routine.

